

#### SCHOOL NEWSLETTER

#### Term 3 Week 10 2024 Thursday 26th September

Rosary Park Catholic School

Station Street, Branxton NSW 2335

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Website: www.branxton.catholic.edu

We acknowledge the Wonnarua people-the first custodians of this land

Built on Faith, Knowledge, Respect

The Catholic Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and wellbeing of children and vulnerable adults - particularly those who participate in the life of the Diocese. All employees are required to undergo a National Police Check and, where legislated, hold a Working with Children Check. Diocesan workers are expected to personally adopt and enact the Diocese's Safeguarding Commitment Statement.

#### **IMPORTANT DATES 2024**

Weekly Mass Times: 6pm Saturday Branxton; 8am Sunday Greta

SEPTEMBER		OCTOBER	
Fri 27 <sup>TH</sup>	LAST DAY OF TERM 3	Wed 23 <sup>rd</sup>	Year 1 Excursion
OCTOBER		Thu 24 <sup>th</sup>	Kindergarten Orientation begins
Mon 14 <sup>th</sup>	FIRST DAY OF TERM 4	Fri 25 <sup>th</sup>	PEG – Colour Run
Wed 16 <sup>th</sup>	School Assembly	Tue 29 <sup>th</sup>	Vocabulary parade
Thu 18 <sup>th</sup>	School Cricket	NOVEMBER	
Tue 22 <sup>nd</sup>	Regional Cricket Trials – Years 4 & 5	Fri 1 <sup>st</sup>	Netball Gala Day Stage 2 & 3
Wed 23 <sup>rd</sup>	School Assembly	Wed 6 <sup>th</sup>	Interrelate – Year 6

#### ADVANCE NOTICE FOR YOUR DIARY:

Wednesday 27th November 2024 - Christmas Concert with Andrew Chinn starting at 5:30pm

Tuesday 10th December 2024 – year 6 Farewell Liturgy and Dinner

Friday 13th December 2024 - Whole School End of Year Awards at 9:45am (school hall)

**Monday 16<sup>th</sup> December 2024 –** Swimming carnival (Singleton). Year 6 participation in MAT workshop at school on this day.

Wednesday 18th December 2024 - LAST DAY OF TERM FOR STUDENTS

**Tuesday 4th February 2025** – First Day of school for years 1 to 6

**Thursday 6th February 2025** – Kindergarten commences with part days

Wednesday 12th February 2025 – Kindergarten FIRST FULL DAY OF SCHOOL

#### Principal's Message



#### **Safeguarding**

#### <u>Safeguarding Promoter & Parents & Friends Association</u>

The safety, welfare and wellbeing of our students is paramount.

The Promoter of Safeguarding (our Principal) is responsible for ensuring the school adheres to the <u>National Catholic Safeguarding Standards</u> and receives support from the Office of Safeguarding (OoSG) and the school leadership team to develop localised strategies to ensure compliance is achieved.

If you have any safeguarding concerns, please speak to Sallyanne Stanbridge

'Safeguarding' is also a standing agenda item in the Principal's P and F meeting reports so please feel free to join any of the upcoming meetings to have your say and make a difference, not just in Safeguarding but in special events, projects and activities ran at that the school.

#### **Child Safety**

As we begin our school holidays, please remain vigilant as to the whereabouts of your child/ren. Whilst we may live in a small town, we can nevertheless drop our guard where the safety of our children is concerned. Please remind your child of the dangers of engaging in conversation with strangers regardless of what they may say or offer your child. Do they know what to do in instances such as these? Please talk with your child about this.

#### Resource Fee increase 2025

Rosary Park currently has an annual resource fee of \$505 per child. This is a school set amount and Rosary Park's fee is lower than other similar Catholic Schools. This fee currently covers one school excursion per grade (not camps).

On the advice of our diocesan finance team, we will be increasing this amount to \$595/child from 2025 and this will include ALL activities, such as buses to the Athletics carnival etc. This amount will NOT include the year 6 graduation dinner and year 5 and 6 camps or participation in incidental activities such as Chess competitions, Science days etc.

#### **Staffing Term 4**

Shona Creighton will teach 1 White full time in term 4. I thank Emily Capararo and Caitlyn Brown for teaching 1 White this term.

Next term Mrs Lauren Wicklein will change her workdays and will work Wednesday-Thursday on 4 Blue. Mrs Van Duuren will work the other days on 4 Blue. Mr Heath Turner remains full time teacher on 4 White.

#### Parent Engagement Group (PEG) meeting

Our term 4 PEG meeting is scheduled for 3:30 pm via Zoom & in our staffroom on Wednesday 16 October. The parent education topic covered is strategies to support your child's safety, online

Children are welcome to stay in the playground with a member of our staff whilst we have our meeting (about 45 minutes).

#### **Period Positivity**

Period poverty is the lack of access to sanitary products, menstrual hygiene education and inadequate toilet facilities. It is also the stigma and feelings of shame and embarrassment of a normal bodily function, and subsequent impacts on mental health.

In 2022 students from St Paul's Catholic College Booragul advocated for female hygiene products to be made available in school toilets to provide access, equity and dignity to students who menstruate. A Diocese-wide working group was formed to investigate the impact of period poverty in our schools and lead the way in addressing the issues by exploring the feasibility of:

- 1. Installing free period products in dispensing machines in our schools, aligned with the placement of the sanitary bins.
- 2. Developing an awareness education program for schools in conjunction with the syllabus.
- 3. Developing a policy that will help reinforce the promotion of dignity, gender equality and reproductive health.

The working group soon developed an initiative called Period Positivity. The initiative is about making periods normal. From free period care products to more informative discussions, the initiative aims to promote greater accessibility, equity and dignity for all.

In Term 4, 2022 a pilot program was conducted at St Paul's Booragul, trialling the installation of sanitary dispensing machines with the provision of free sanitary products at the school.

Due to the success of the trial, dispensers have been rolled out across all Secondary Schools in the Catholic Diocese of Maitland-Newcastle, with the Period Positivity initiative to commence at Rosary Park in coming months.

- Sanitary products will be available to students for free, via dispensers in the toilet blocks.
- If students find themselves needing pads or tampons, they will be available from the dispensers.
- Students will still be able to use their own products, but there will be the option to use the free products provided in the female toilets for those who need them.

The product roll-out will be complemented by an educational awareness program that will be deployed to students. Professional Learning resources will enable teachers to be competent and confident to deliver the educational materials such as Menstrual health; information about periods and anatomy, dispelling myths, products, accessibility, gender equity and promoting dignity.

We anticipate that these resources will be installed in Rosary Park facilities in coming weeks. It is advised that you have a conversation with your child/ren about this.

For more information, please visit <a href="https://www.mn.catholic.edu.au/students/period-positivity/">https://www.mn.catholic.edu.au/students/period-positivity/</a>.

#### The Child Protection (Working with Children) Act 2012

Under this legislation people who undertake a role in child-related work in a paid or volunteer capacity in the Diocese of Maitland-Newcastle are required by law to have a Working with Children Check Clearance. This 'Clearance' can be obtained from applying online at check@kidsguardian.nsw.gov.au. As a parent, if we learn about a staff member or a volunteer working in the school without a Clearance, we should talk with the Principal or Assistant Principal as soon as possible. If we believe that nothing is being done about our concerns, we can contact the Office of Safeguarding directly (Ph. 4979 1390 Mon-Fri).

#### **Diocese of Maitland-Newcastle Reporting Policy**

As a parent we can report any concerns we have for a student, or group of students, to our principal, assistant principal or directly to the Office of Safeguarding (Ph. 4979 1390 Mon-Fri). Information about reporting concerns for a child can be found on the Office of Safeguarding website: <a href="https://officeofsafeguarding.org.au/reporting-abuse/">https://officeofsafeguarding.org.au/reporting-abuse/</a>. As parents we are entitled to contact the Office of Safeguarding directly about any concerns we have about the safety, welfare or wellbeing of a child or if we are concerned that the school isn't addressing allegations of reportable conduct or abuse.

#### **Mercy Caring Group**

Following in the footsteps of our Founders, the Sisters of Mercy, Rosary Park has a Mercy Caring group. This is a group of parents who may be called upon to give assistance or support to families in times of need. This may be meals, transport, or assistance with pick up/drop off of children. Thank you to the many families who are a part of this Mercy caring group. If you would like to join the group, please email us at <a href="mailto:admin@branxton.catholic.edu.au">admin@branxton.catholic.edu.au</a> and your details will be given to Kylie Johns our Pastoral Care Worker who co-ordinates this group. If at any time you require assistance with meals etc please do not hesitate to contact me directly on <a href="mailto:sallyanne.stanbridge@mn.catholic.edu.au">sallyanne.stanbridge@mn.catholic.edu.au</a>.

#### End of year awards

We will continue with the same format for our end of year awards. We will hold these at Rosary Park Hall on <u>Friday 13 December from 9:45am</u>. This will also include our end of year liturgy and announcement of 2025 leaders. Further information to follow.

Thank you for your support of our school throughout the term. I hope you can enjoy some Spring sunshine and precious family time.

Kind regards,

Sallyanne Stanbridge (Principal)

#### **Assistant Principal's Message**

#### **Uniform**

We still have a number of children without hats at school and a number of items in the lost property box. Please ensure all items that come to school are clearly labelled, including lunch boxes and drink bottles. Names tend to fade over time. We would appreciate it if parents could check, and rewrite faded names before the children return to school next term. Children without a hat will be limited to playing under the sheltered areas of the playground.

#### **Hairstyles**

Hair must be neat and tidy. Please be mindful when visiting the hairdressers in the holidays, in keeping with the school tone, hairstyles should not be outlandish - no Mohawks, tracks or rat tails. Extremes of style and colour are not appropriate. Layering of hair or changes in length from front to back should be subtle and blended through. Children with long hair past their collar, should have it tied back in a band.

#### **Holiday Learning**

Don't forget to keep learning during the holiday break. There are many simple ways to continue the learning for your child/children during the holidays. Never underestimate the impact of participating in simple learning games and activities with your child/children. For younger children

- Identify numbers and letters/words in the environment when driving in the car, walking around town or at the shops
- Play karaoke let children read the words and sing, this builds graphological or picture (what a word looks like) knowledge to assist reading and spelling
- Build multiplication knowledge identify grids or arrays in the environment how many rows and how many columns
- Cook together talk about mass the meaning of kg, g, l, ml etc
- Use adjectives (describing words) to describe some objects in nature who can think of the most describing words
- If you must watch something on a screen, turn on subtitles for more exposure to print
- Count down the days of the holidays on a calendar
- Use an analogue clock to identify bedtime, bath time etc Where is the big hand? What does it mean when the big hand is on 6? etc
- Categorise objects using various criteria eg. Size, shape, colour, manmade/natural
- Use items in the environment to create an artwork

#### For older children

- Estimate the total of a group of objects in the trolley
- Calculate the cost of a day out movie tickets plus the cost of lunch for the whole family etc
- Cook together double or halve the ingredients in a recipe to allow for more/less people
- Read the instructions to a new game
- Read a book with your child you read left hand pages and they read the right
- Design an outdoor obstacle course and time how long it takes to complete the activities can you get faster over the holidays?
- Use a calendar
- Tell the time on an analogue clock

#### **End of Term**

As we come to the end of term 3, teachers are busy planning engaging classroom programs across the curriculum to help children achieve their identified goals.

I hope everyone enjoys some extra quality time with family and friends during the holidays. Don't forget to keep seeking colour run sponsors, I am excited about this fun day with the children next term. I look forward to returning for term 4, our final (and very busy) term for 2024.

God Bless and Stay Safe, Janelle Dixon Assistant Principal

#### Religious Education Coordinator's Message

#### Save the date:

Next term, on Friday, 18th October, we will be celebrating the Feast Day of Our Lady of the Rosary. This is a special time for our school, Rosary Park, as we reflect on the importance of our name and the values it represents. The rosary symbolises peace, devotion, and the power of prayer, all of which are central to our community.

To mark this occasion, we will begin with a liturgy followed by mission stalls run by our Year 5 students. We invite all students to wear something blue, the colour associated with Mary, for a gold coin donation.

Tokens for the stalls can be purchased through the QKR app:

- 3 tokens for \$2
- 10 tokens for \$6
- 20 tokens for \$10

Each token can be used for one activity or item at the stalls. If students have any unused tokens at the end of the day, they can enter them into a raffle for a chance to win one of three exciting prizes.

We look forward to celebrating this special day with our school community!

#### **Parish Mass**

This term, all grades had the wonderful opportunity to attend Mass, celebrated by Fr Thomas. Our students did a great job participating in the liturgy, showing reverence and enthusiasm throughout the service. It was a beautiful experience for our school community to come together in faith.





#### **Socktober Launch:**

Last Tuesday I had the privilege of taking our 4 school leaders to the Socktober launch at Mcdonal Jones Stadium. Harry, Rubi, Phoebe and Rae were great representatives and enjoyed taking part in Prayer Celebration and the activities on the playing field. The theme for Catholic Mission is 'Go and invite everyone to the banquet' and will focus on raising money for disadvantaged children in Mongolia.

On Friday 18<sup>th</sup> of October all money raised in the mission stalls will go towards Socktober and children will be able to participate in some soccer activities in the afternoon to raise awareness for the children in Mongolia.







Mackenzie Gageler Religious Education Coordinator



We thank you Lord, for this term.

For the challenges, the successes, and the mistakes from which we have learnt.

Be with us as we spend our time with family and friends.

Give us strength and courage to do what is right: to be witnesses of our faith.

Help us to be a practical Christian these holidays, to appreciate what others do for us, to give time and effort to help others.

To be peacemakers in our family.

Keep us safe in our activities; give us good rest and good fun.

Bring us back refreshed and ready for a new term.

We thank you for our classmates, teachers, parents and a community that cares for us.

May we always be conscious of you in our lives.

Amen

#### **Primary Coordinator Message**

#### Year 5 Leadership Information.

Our student Leadership structure at Rosary Park is firmly based on the work of our founding sisters of Mercy whose vocation was based on service. A copy of this policy and procedure is attached to today's newsletter. I ask you to familiarise yourself with this document if your year 5 child wishes to pursue a leadership role in 2025. The relevant forms will be sent home with your child on Wednesday 23 October (Term 4 – week 2) following Ms Stanbridge's meeting with year 5 which will outline our expectations of leaders at Rosary Park. These forms will be due back at school by **Monday 28th of October**.

The student leadership procedure requires year 5 students who wish to run for a formal student leader role in 2025 to join one of our four teams. (Positive behaviour for learning, Mercy, Environmental and Active Lifestyle). All year 5 children are encouraged to join one of these teams.

To prepare for their leadership opportunities, all year 5 children will participate in a leadership day on Thursday 17th October facilitated by our Religious Education Coordinator Mackenzie Gageler along with the year 5 teachers. On this day, children will focus on our pillars of Mercy and how they apply to their lives.

On Wednesday 23 October, Year 5 children will be asked to nominate to join one of these four teams. It is hoped that given our expectation that all of Year 6 are leaders at Rosary Park, all children will make a commitment to join one of these teams.

The next step in the process will be for those students to nominate if they wish to be the leader of their team and thus pursue a formal leadership role at Rosary Park. Year 5 teachers will lead children in this process and all speeches will be prepared at school under the guidance of one of the year 5 teachers so that every candidate receives the same input and there is a fair and equitable process.

Please carefully read the timeline outlined below.

#### **Leadership Timeline:**

**Week 1 - Wednesday 16 October** – Ms Stanbridge will visit Year 5 to begin discussions on leadership expectations at Rosary Park. Students will be given their nomination forms to take home and discuss with their parents.

- Week 1 Thursday 17 October Year 5 Leadership day.
- **Week 2 Wednesday 23 October** Leadership Nominations. Students will nominate their Leadership team for 2025 (Active Lifestyle, PBL, Mercy or Environmental team). Signed nominations forms must be returned to class teachers by **Monday 28 October** (No time extensions will be given).
- **Week 5 Monday 11 November** Students begin writing their speeches in class with the help of their teachers.
- **Week 5 Friday 15 November** Speeches for school leaders and sport leaders, school voting commences.
- **Week 9 Friday 13 December** School Leaders for 2025 will be announced at our end of year Awards day.

#### **Transport News**

#### E-bikes E -scooters and E-skateboards

Transport for NSW has recently published advice for families on E-bikes, E-scooters and E-skateboards. With holidays coming up and students with more time to ride, we wanted to alert families to the information Transport NSW have provided.

#### E-Bikes

There are two types of permitted e-bikes: Electrically power-assisted cycles and Power-assisted pedal cycles.

#### **E-scooters**

Privately owned E-scooters can only be used on private property in NSW. They cannot be used on roads or road-related areas, including footpaths, shared paths, cycle ways and cycle paths.

#### E-skateboards

E-skateboards are illegal in NSW, unless being used as a mobility aid for people with a disability who meet specific use conditions. E-skateboards that do not meet these conditions can only be used on private property

Please find further information from Transport NSW attached to this newsletter.

Kind regards,

Amber van Duuren Primary Coordinator

#### **Public Speaking News**

Over the past few weeks, students in Years 1-6 have been practicing their public speaking skills in preparation for our school based public speaking competition, which took place in Week 7. Students have been practicing writing and presenting both prepared and impromptu speeches, focusing on the skills needed to ensure their speech is engaging!

For our school competition, the top 4 speakers from each grade competed in a stage-based competition. Stage 1 (Years 1 and 2) students did a prepared speech, having 45 minutes to write and practice their speech before presenting. Stages 2 and 3 did both a prepared speech and an impromptu speech, where they are presented with the topic 10 minutes before speaking.

Stage 1		
Year 1 Finalists	Year 2 Finalists	
Lylah	Harrison A	
Madi	Hunter A	
James	Emily R	
Mason Kenny A		
Stage 1 winner: Harrison A		

Stage 2		
Year 3 Finalists	Year 4 Finalists	
Ellesse S	Elke B	
Mackenzie H	Shahaan S	
Liam H	Hannah C	
Annie H Ellie A		
Stage 2 winner: Elke B		

Stage 3		
Year 5 Finalists	Year 6 Finalists	
Sophie C	Evie M	
Shelle C	Sienna M	
Nevaeh D	Phoebe C	
Kendra C	Samantha R	
Stage 3 winner: Evie M		

Congratulations to the 3 Rosary Park Winners, Harrison, Elke and Evie, who competed at the Regional Public Speaking Competition at Chisholm last Thursday 19<sup>th</sup> September. We are very proud of your efforts!







#### **Athletics News**

Congratulations to Anne H, Logan C and Jesse C who represented us with great sportsmanship at the Polding Athletics. Well done on your achievement.



#### **Science and Engineering Day**

On Tuesday 10<sup>th</sup> September, a group of Stage 3 students attended the Science and Engineering Day at San Clemente High School Mayfield. Working in teams, the students completed a range of STEM (Science, Technology, Engineering and Mathematics) based activities that required them to work as a team and solve problems.

"On Tuesday 10<sup>th</sup> September, a group of us went to Mayfield to the science and engineering day. At the day, we each got different colour wristbands that divided us into groups (2-4). We then went into a hall where we got told our activities for the morning. Our group consisted of Nevada and Samantha. Our first activity for the day was called 'Get over it'. We got different materials (e.g. straws, paddle pop sticks, cardboard and four meters of tape), that we used to make a bridge that had to hold different weights of carts. The bridge we made went through 5 rounds, each round added around 50g, eventually adding to 280g. After 90 minutes we had lunch then went back inside the had the Science show, with three different parts about Newtons first, second, and third laws. We then went back into our groups and started the next activity, 'Fishing', where we used 3D magnet models to try and catch a certain number of fishes (Marbles) with different sizes. Our group went through different scenarios where we got told what sizes of fish to catch and the amount. We completed 3 different scenarios. Once the 90-minute session finished we watched the afternoon teams of the 'Get over it' run carts over their bridges (each cart of a different weight). At the end we did an overall score, our school came 7th place out of 10-12 different schools. It was a fun and rewarding day that we got to participate in." By Nevada and Samantha



We worked to supply power to the city



weight



We used 3D printed items to catch marble 'fish'



After lunch, we enjoyed a science show before heading to our second activity.



We created a wind turbine that spun



withstand an earthquake



We planned circus events that could not clash!



We developed a light code to communicate with our team

#### **Netball News**

On Friday 20<sup>th</sup> of September, 11 girls from Year 5 and 6 represented our school in the NGS Netball Schools Cup. This was the second round, competing against the top 12 teams from our region. The girls played with integrity and upheld our school values in all games throughout the day. They won five from seven games, ending up placing third overall.

Thank you to all families who came along to support and a special thanks to Maddie Smith for helping to run training sessions throughout the term and coaching with Miss Easton on the day.





#### **Library News**

Dear Parents,

For book week 2024 we are celebrating a Vocabulary Day on **Tuesday the 29<sup>th</sup> of October** starting at 9am on our basketball court.

All students and staff will need to choose a word and dress up representing their chosen word.

There are only TWO RULES for making a costume:

- 1. Show your **WORD** on the costume you are wearing.
- 2. Write the **definition of your word** on the costume somewhere, so the children can share the meaning with their class.

This can be a very simple activity, and we encourage the children to choose a word, design how they will represent it and what they will wear on the day.

Here are some examples below,







Parents are welcome to come and view this parade starting at 9am. Thank you for all your support, Regards

Melanie Flynn Teacher Librarian

#### **Weekly Awards**

Congratulations to those children who have received awards this past fortnight.

#### Week ending Friday 13th September 2024 (Week 8)

Class	Class Award One	Class Award Two	MJR Award
Kinder Blue	Titan L	Ava S	Ayla K
Kinder White			
Year 1 Blue	Bradley S	Bonnie D	Масі Н
Year 1 White			
Year 2 Blue			
Year 2 White	Hallie D	Matilda C	Charlie D
Year 3 Blue	Vy N	Matilda M	Addison R
Year 3 White			
Year 4 Blue	Shahaan S	Noah R	Jaxon B
Year 4 White			
Year 5 Blue	Hugh M	Lola M	Indi M
Year 5 White	Georgie W	Owen G	Owen C
Year 6 Blue			
Year 6 White			

#### Week ending Friday 20th September 2024 (Week 9)

Class	Class Award One	Class Award Two	MJR Award
Kinder Blue	Tyler T	Luca C	Ally C
Kinder White	Oliver C	Spencer C	Indy H
Year 1 Blue	Millah L	Zoey A	Abbey A
Year 1 White	Jack C	Lincoln H	Winifred C
Year 2 Blue	Lauren M	Olivia D	Gus W
Year 2 White	Tony P	Eleanor C	Piper R
Year 3 Blue	Jack C	Hendrix B	Sofia P
Year 3 White			
Year 4 Blue	Sasha A	Hudson W	Leah W
Year 4 White	Levi C	Tao D	Addison S
Year 5 Blue	Karmichael A	Johnny N	Ellie Y
Year 5 White	Alex L	Mia W	Alex L
Year 6 Blue			
Year 6 White	Aria B	Brooklyn J	Sharni L

#### Principal's Awards

Leilani D, Miya W, Carter M, Indi M, Aubree M, Carley O, Anderson P, Teagan S, Samantha R, Claire B, Brynn S, Maxx R, Nicholas L, Kobe M, Ava W, Frances M, Lara T, Isabella T, Ella R, James L Charli F, Tristan C, Shelle C, Blake C, Samantha F, Braxton T, Baxter D, Vivienne S, Addison K, Parker G, Noah L, Lauren M, Marshall C, Makayla C, Baxter A, Fletcher B, Eleanor C, Shahaan S, Georgie W, Lylah H, Annie H, Jackson A.



#### E-bikes: Advice for families

An e-bike is a bicycle that is powered with rechargeable batteries, providing electric assistance while pedalling.

#### Is my child permitted to ride an e-bike?

Your child can ride a privately owned e-bike, if it meets the requirements outlined below. Shared (hired) e-bikes usually have a minimum age requirement. Always check the minimum age requirements before allowing your child to ride a shared e-bike.

#### What are the requirements for e-bikes?

There are two types of e-bikes permitted in NSW.

#### Electrically power-assisted cycle requirements

An electrically power-assisted bicycle has a maximum continued rated power of up to 500 watts. This power output must be:

 progressively reduced as the bicycle's speed increases beyond 6km/h

- cut off when:
  - the bicycle reaches a speed of 25km/h
  - the rider stops pedalling and the speed exceeds 6km/h

#### Power-assisted pedal cycle requirements

- has one or more motors attached with a combined maximum power output of up to 200 watts
- can't be propelled only by the motor/s
- must weigh less than 50kg (including batteries)
- have a height-adjustable seat.

It is important to carefully check the manufacturer's details on any bike you are buying for your child.

Any powered bicycle that does not meet the above requirements is illegal to use on roads or road related areas.







#### Are petrol-powered bicycles permitted on NSW roads?

No. All petrol-powered bicycles are itlegal on NSW roads and road-related areas such as footpaths, shared paths, cycle ways and cycle paths.

Petrol-powered bicycles can only be used on private property.

#### Safe riding tips for your child

- Your child must wear an approved helmet when riding a bike in a public place. It is the law.
- Until they are at least 10 years old, your child should ride off-road away from vehicles and driveways. The safest place to ride is within a fenced area.
- Children aged between 10 and 12 should ride away from busy roads.
- Children under 16 and adult riders accompanying and supervising them may ride on the footpath, unless there are signs specifically prohibiting bicycle riding.
- When riding wear light or bright clothing to help other people see you and your child.
- If your child is riding on a footpath or shared path, they (and any adult accompanying them) must keep to the left and give way to any pedestrian on the path.

Petrol-powered bicycles can only be used on private property.

#### For more information, please visit:

transport.nsw.gov.au/roadsafety

The information in this brochure is intended as a guide only and is subject to change at any time without notice. It does not replace the relevant legislation, nor should it be regarded as legal advice.

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#### E-scooters: Advice for families

An e-scooter is an electric scooter that is powered by a rechargeable battery.

#### Is my child allowed to ride an e-scooter?

In NSW, it is illegal to ride a privately owned e-scooter on roads or road-related areas, including footpaths, shared paths, cycle ways and cycle paths.

If you allow your child to ride a privately owned e-scooter, they are **only permitted** to ride it on private property.

#### Is my child allowed to ride in a e-scooter trial area?

E-scooter shared schemes are being trialled in designated local government areas in NSW.

Your child must be 16 years or older to hire and ride a shared e-scooter within a trial area.

Hired shared scheme e-scooters are only able to be used on roads and road-related areas in the designated e-scooter trial areas. It is illegal for privately owned e-scooters to be ridden on NSW roads or road related areas, including in trial areas.







#### What is the law and safety advice in a trial area?

If you allow your 16 years or older child to hire and ride a shared e-scooter within a trial area, you should be aware that your child must:

- hire a shared e-scooter only from the selected provider in the trial area
- use a shared e-scooter on selected roads, bike paths and shared paths, in the trial area
- stay under 10km/h on shared paths and 20km/h on the road
- always wear an approved helmet
- not carry passengers
- not use a mobile phone whilst riding

It is recommended that your child wears brightly coloured clothing so other road users can easily see them.

Your child must be **16 years or older** to hire and ride a shared e-scooter within a trial area.

#### For more information, please visit:

transport.nsw.gov.au/roadsafety

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# MOTORISED NEW Police Force BICYCLES 'E-Bikes'

Some electric motorised bicycles known as 'e-bikes' are LEGAL to ride in public in NSW if they comply with certain CONDITIONS.



There are only two types of permitted e-bikes:

- Power-assisted pedal cycles
- Electric power-assisted cycles

BUT they must be designed to be propelled primarily by the rider. They cannot be propelled exclusively by the motor and cannot exceed 25km/h.

Bicycles powered by electric motors are intended only to assist when riding uphill or into a headwind, NOT to be the primary source of propulsion.

Electric powered bicycles which don't comply with these conditions cannot be ridden on roads, or road related areas (such as footpaths shared paths and cycleways) in NSW, except on private land.

Anyone caught riding an illegal electric powered bicycle on a road or road-related area in NSW can face fines starting from \$723

Further information is available at roadsafety.transport.nsw.gov.au







# Devices such as electric scooters, skateboards, and hoverboards are ILLEGAL in NSW.

Although a motorised scooter, skateboard, or hoverboard (electric or petrol powered) are considered motor vehicles, they do not satisfy the Australian Design Rules and for this reason, cannot be registered in NSW and are unable to be insured.

These devices cannot be ridden on roads, or road related areas (such as footpaths shared paths and cycleways) in NSW, except on private land.





Anyone caught riding a motorised device on a road or road related area in NSW can face fines starting from \$723

Further information is available at roadsafety.transport.nsw.gov.au



#### SYDNEY ACADEMY OF CHESS presents

### 2024 MAITLAND **CHESS CHALLENGES**

TENAMBIT COMMUNITY HALL



#### ONE DAY CHESS TOURNAMENTS FOR KIDS UNDER 18 WHO WANT TO HAVE FUN AND CHALLENGE THEMSELVES!

DATES Thursday 18 April (Autumn)

> Thursday 11 July (Winter) Thursday 3 October (Spring)

VENUE Tenambit Community Hall

Tyrell St nr Kenneth St, Tenambit NSW

COST \$40 per player

\$50 if paid after 5:00pm the day before tournament

TIME 9:15 am Registration

> 9:45 am Round 1 begins 12:00 pm Lunch break 1:45 pm Prize giving

There are short breaks between the rounds

FORMAT These tournaments are individual and not team.

events. The tournaments are restricted to players under 18 years of age. The tournaments are 7-round 'Swiss' competitions. This means that all players play 7 games and no-one is

'knocked out' of the tournaments.

The time limit is 15 minutes per player per game.

These tournaments will be JCL rated.

Medals will be awarded for age prizes to be decided by the arbiter on the day.

Trophies will be given for:

1st Place, 2nd Place,

3rd Place

PRIZES.

All participants receive an electronic certificate of participation

Players are eligible for only one prize.

To enrol please pay online with your credit card or debit card at www.sydneyacademyofchess.com.au/payment

enter the code BLWPDCT25H and fill in the electronic form, with your child's details.







# Holiday Tennis

for kids 4-16 years

Tuesday 1st October
Wednesday 2nd October
Thursday 3rd October

8:30am to 11:30am

\$35/day or \$100 3 consecutive days



Book online www.singletontenniscoaching.com



Email

lello@singletontenniscoaching.com Phone 02 6572 3689

Boundary St, Singleton







#### Vital Vegetables

Vegetables are key in providing kids with energy, vitamins, minerals and fibre to live a healthy lifestyle. They also help protect kids against chronic diseases later in life.

Here's some quick and easy ways to include more vegetables across the day:

- **Encourage vegetables as snacks** Having some vegetable sticks prepped and chopped in the fridge is a great way to increase vegetable consumption across the day. Try sticks of carrot, cucumber, capsicum, celery or beans. Serve on their own or with hummus dip.
- **Go frozen** Frozen vegetables such as broccoli, peas, corn and carrots are lower in price and high in nutrients. They are prepped ready to cook so can often save you time, money and boost your nutrition. Easily add them to your favourite dinner meals.
- Turn vegetables into noodles- Switching pasta for vegetable noodles is fun and has many health benefits. Try spiralising sweet potato, carrot, zucchini and beetroot. If you don't have a spiraliser, make ribbons using a peeler.









Source: Heart Research Australia (www.heartresearch.com.au)



@ HNELHD-GoodForKids@health.nsw.gov.au
https://goodforkids.nsw.gov.au

Developed by Hunter New England LHD

Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.





# FREE



( ) 30 SEP - 19 OCT



# SCHOOL HOLIDAY ACTIVITIES





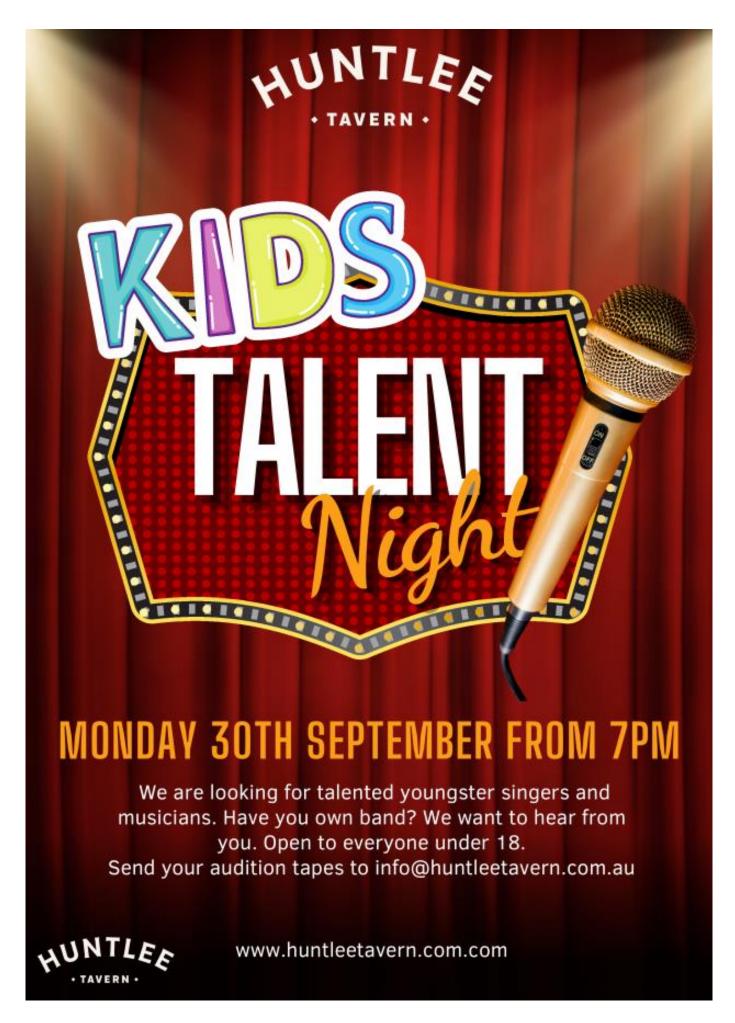
MONDAY 30 - KIDS TALENT NIGHT FROM 7PM TUESDAY 1 - KIDS PAPER PLANES WEDNESDAY 2 - PIKELET DECORATING THURSDAY 3 - KIDS BINGO FRIDAY 4 - KIDS DISCO



MONDAY 7 - PUBLIC HOLIDAY TUESDAY 8 - COLOURING & POPCORN WEDNESDAY - KIDS CUPCAKE DECORATING THURSDAY 18- KIDS MOVIES & POPCORN FRIDAY 19 - KIDS DISCO



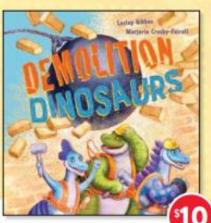
BOOK YOUR TABLE NOW WWW.HUNTLEETAVERN.COM.AU



## You're invited to our

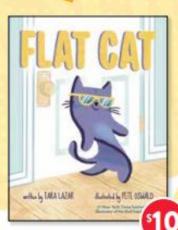
## SCHOLASTIC Book Fair





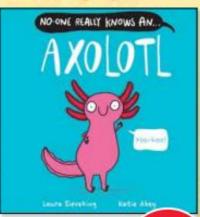
**DEMOLITION DINOSAURS** 

There's a dangerous building in the centre of town and the Demolition Dinos are smashing it down! 100134117 | PICTURE BOOK | AGES 3+



FLAT CAT

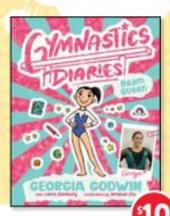
This cool cat is flat as a tack! 100134199 | PICTURE BOOK | AGES 3+



NO-ONE REALLY KNOWS AN AXOLOTL

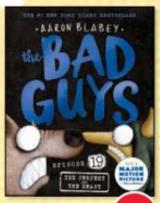
You've never seen axolotis like this before!

Special value \$6



BEAM QUEEN

Georgia chases her dream of becoming an international gymnastics star! 100133598 | CHAPTER BOOK AGES 7+



THE BAD GUYS
EPISODE 19:
THE SERPENT AND
THE BEAST

This multiverse is about to get really dark... 100132838 | CHAPTER BOOK | AGES 7+



LIONEL MESSI

Discover the inspirational story of this star player's journey. 100134029 NONFICTION



THE AUDITION
Millie finally finds
her people when she
joins a drama club.
100134028 | PB NOVEL | AGES 9+

EVERY DOLLAR EQUALS RESOURCES FOR OUR SCHOOL



**₩**SCHOLASTIC



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